

BLOCK SYLLABUS :
COMMON SUBJECTS : SD/SW (ARMY)
(REVISED MAY 2017)

S No	Subject	First Year	Second Year	Third Year	Total Periods
1.	The NCC	02	02	01	05
2.	National Integration and Awareness	06	07	08	21
3.	Drill	14	13	16	43
4.	Weapon Training	12	10	10	32
5.	Personality Development Life Skills	09	11	10	30
6.	Leadership	04	05	06	15
7.	Disaster Management	03	03	03	09
8.	Social Awareness and Community Development	05	06	06	17
9.	Health and Hygiene	04	05	04	13
10.	Adventure	04	07	04	15
11.	Environment Awareness and Conservation	01	01	02	04
12.	Obstacle Training	02	02	02	06
	Total	66	72	72	210

DETAILED SYLLABUS
COMMON SUBJECTS : SD/SW (ARMY)

1. **The NCC (N).**

S No	Code	Subject	1st Year	Type	2nd Year	Type	3rd Year	Type	Total Periods
(i)	N - 1	Aims and Objective of NCC	01	L	-	-	-	-	01
(ii)	N - 2	Organisation and Training and NCC Song	01	L	-	-	-	-	01
(iii)	N - 3	Incentives	-	-	02	L	-	-	02
(iv)	N - 4	Duties, Responsibility & Conduct by NCC Cadet	-	-	-	-	01	L	01
		Total	02	-	02	-	01	-	05

2. **National Integration and Awareness (NI).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	NI - 1	Heritage of India	03	L	-	-	-	-	03
(ii)	NI - 2	Freedom Struggle and Nationalist Movement in India	03	L/Di	-	-	-	-	03
(iii)	NI - 3	Introduction to Constitution of India	-	-	03	L/Di	-	-	03
(iv)	NI - 4	National Integration : Importance and Necessity	-	-	02	L/Di	-	-	02
(v)	NI - 5	Factors affecting National Integration	-	-	02	L/Di	-	-	02
(vi)	NI - 6	Unity in Diversity	-	-	-	-	02	L/Di	02
(vii)	NI - 7	Slogans & Images of National Integration	-	-	-	-	02	L/Di	02
(viii)	NI - 8	Role of NCC in Nation Building	-	-	-	-	02	L/Di/	02
(ix)	NI - 9	NCC and Nation Integration	-	-	-	-	02	L/Di	02
		Total	06	-	07	-	08	-	21

3. **Drill (D).**

(a) **Foot Drill (FD)**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	FD - 1	Dirll Ki Aam Hidayaten Aur Words of Command	01	L/P	-	-	-	-	01
(ii)	FD - 2	Savdhan, Vishram, Aram Se Aur Mudna	01	L/P	-	-	-	-	01
(iii)	FD - 3	Kadwar Sizing, Teen Line Banana, Khuli Line aur Nikat Line Mein March	01	L/P	-	-	-	-	01
(iv)	FD - 4	Khade Khade Salute Karna Parade Par, Visarjan aur Line Tod	01	L/P	-	-	-	-	01
(v)	FD - 5	Tej Chal-Tham aur Dhire Chal-Tham	01	L/P	-	-	-	-	01
(vi)	FD - 6	Dahine, Baen, Aage aur Piche kadam lena	-	-	01	L/P	-	-	01
(vii)	FD - 7	Tej Chal Se Mudna	01	L/P	01	L/P	-	-	02

(viii)	FD - 8	Tej Chal Se Salute Karna	01	L/P	01	L/P	-	-	02
(ix)	FD - 9	Tej kadam Taal aur tham	-	-	01	L/P	-	-	01
(x)	FD - 10	Tej Kadam Taal Se kadam Badalna	-	-	01	L/P	-	-	01
(xi)	FD - 11	Teenon teen se ek file aur ek file se teenon teen banana	01	-	01	L/P	-	-	02
Total			08	-	06	-	-	-	14

(b) **Drill With Arms (AD)**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(xii)	AD - 1	Rifle Ke Saath Savdhan, Vishram aur Aram Se	02	L/P	-	-	-	-	02
(xiii)	AD - 2	Rifle Ke Saath Parade Par aur Saj	01	L/P	01	L/P	-	-	02
(xiv)	AD - 3	Rifle Ke Saath Visarjan aur Line Tod	01	L/P	01	L/P	-	-	02
(xv)	AD - 4	Bhumi Shastra aur Uthao Shastra	01	L/P	-	-	-	-	01
(xvi)	AD - 5	Bagal Shastra aur Baju Shastra	01	L/P	-	-	-	-	01

(xvii)	AD - 6	Salami Shastra	-	-	03	L/P	03	L/P	06
(xviii)	AD - 7	Squad Drill	-	-	02	L/P	02	L/P	04
(xix)	AD - 8	Nirikshan Ke Liye Janch Shastra aur Baju Shastra	-	-	-	-	02	L/P	02
Total			06	-	07	-	07	-	20

(c) **Ceremonial Drill (CD)**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(xxi)	CD - 1	Guard Mounting	-	-	-	-	01	L/P	01
(xxii)	CD - 2	Guard of Honour	-	-	-	-	03	L/P	03
(xxiii)	CD - 3	Platoon/ Coy Drill	-	-	-	-	02	L/P	02
(xxiv)	CD - 4	Instructional Practice	-	-	-	-	02	L/P	02
Total			-	-	-	-	08	-	08
Grand Total			14	-	13	-	16	-	43

4. **Weapon Training.**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	WT - 1	Characteristics of a rifle/rifle ammunition and its fire power	01	L/P	-	-	-	-	01
(ii)	WT - 2	Stripping, assembling, care and cleaning and sight setting of .22 rifle	01	L/P	-	-	-	-	01
(iii)	WT - 3	Stripping, assembling, care and cleaning of 7.62 mm SLR	01	L/P	-	-	-	-	01
(iv)	WT - 4	Loading, cocking and unloading	01	L/P	-	-	-	-	01
(v)	WT - 5	The lying posn, holding and Aiming - 1	01	L/P	01	L/P	01	L/P	03
(vi)	WT - 6	Trigger control and firing a shot	01	L/P	01	L/P	01	L/P	03
(vii)	WT - 7	Range procedure and safety precautions	01	L/P	01	L/P	01	L/P	03
(viii)	WT - 8	Theory of group and snap shooting	-	-	01	L/P	01	L/P	02
(ix)	WT - 9	Short range firing, aiming II – Alteration of sight	05	P	06	P	06	P	17
Total			12	-	10	-	10	-	32

5. **Personality Development and Leadership (P).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	P - 1	Introduction to Personality Development	02	L	-	-	-	-	02
(II)	P - 2	Factors influencing/ shaping personality : Physical, Social, Psychological and Philosophical	02	L	-	-	-	-	02
(iii)	P - 3	Self - awareness : Know yourself/ insight	03	L/P	-	-	-	-	03
(iv)	P - 4	Empathy	02	L	-	-	-	-	02
(v)	P - 5	Critical & Creative Thinking	-	-	02	L/Di	-	-	02
(vi)	P - 6	Communication Skills : I	-	-	02	L/P	-	-	02
(vii)	P - 7	Communication Skills : II	-	-	02	L/P	-	-	02
(viii)	P - 8	Decision Making & Problem Solving	-	-	02	L/P	-	-	02
(ix)	P - 9	Coping with stress and Emotion	-	-	02	L/P	-	-	02
(x)	P- 10	Change your Mindset	-	-	01	L/P	-	-	01
(xi)	P- 11	Time Management	-	-	-	-	02	L	02

(xii)	P - 12	Sociability, Social Skills, Etiquettes & Mannerism	-	-	-	-	02	L/P	02
(xiii)	P - 13	Importance of Group/ Team Work	-	-	-	-	02	L/P	02
(xiv)	P - 14	Interview Skills	-	-	-	-	02	P	02
(xv)	P - 15	Career Counselling	-	-	-	-	02	L/P	02
Total			09	-	11	-	10	-	30

6. **Leadership Development (LD).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	L - 1	Leadership Traits	02	L	-	-	-	-	02
(ii)	L - 2	Indication of Good Leadership	01	L	-	-	-	-	01
(iii)	L - 3	Leadership & Motivation	01	L	-	-	-	-	01
(iv)	L - 4	Case Studies on effects of Leadership in NCC	-	-	02	L	-	-	02
(v)	L - 5	Moral Values & Character traits	-	-	01	L	-	-	01
(vi)	L - 6	Honours Code Concept	-	-	02	L	-	-	02
(vii)	L - 7	Case Study I: Vivekanand	-	-	-	-	02	L	02

(viii)	L - 8	Case Study II : Kiren Bedi	-	-	-	-	02	L	02
(ix)	L - 9	Case Study III : MS Dhoni	-	-	-	-	02	L	02
Total			04	-	05	-	06	-	15

7. **Disaster Management (DM).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	DM - 1	DM Organisation Legislation Policies	01	L	-	-	-	-	01
(ii)	DM - 2	Types of emergencies/ Natural Disaster	01	L	-	-	-	-	01
(iii)	DM - 3	Essential Service and their maintenance	01	L	-	-	-	-	01
(iv)	DM - 4	Traffic control during disaster under Police Supervision	-	-	01	L	-	-	01
(v)	DM - 5	Role of NCC during Natural Disaster	-	-	02	L	-	-	02
(vi)	DM - 6	Do's & Dont's for NCC Cadet performing DM duties	-	-	-	-	01	L	01
(vii)	DM - 7	Fire Service and Fire Fighting	-	-	-	-	01	L/P	01
(viii)	DM - 8	Civ Defence Organisation & its duties	-	-	-	-	01	L	01
Total			03	-	03	-	03	-	09

8. **Social Awareness and Community Development (SA).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	SA - 1	Basics of Social Service its needs	01	L	-	-	-	-	01
(ii)	SA - 2	Rural Development Programmes	01	L	-	-	-	-	01
(iii)	SA - 3	NGOs: Role and Contribution	01	L	-	-	-	-	01
(iv)	SA - 4	Civic Responsibility : Swachh Bharat Abhiyan	01	L	-	-	-	-	01
(v)	SA - 5	Contribution of Youth towards Social Welfare	01	L	-	-	-	-	01
(vi)	SA - 6	Social Security Schemes	-	-	01	L	-	-	01
(vii)	SA - 7	Social Evils viz Dowry/ Female Foeticide/ Child abuse and trafficking etc	-	-	01	L	-	-	01
(viii)	SA - 8	Drug Abuse & trafficking	-	-	01	L	-	-	01
(ix)	SA - 9	Causes and Prevention of HIV/ AIDS : Role of Youth	-	-	01	L	-	-	01
(x)	SA - 10	RTI and RTE	-	-	01	L	-	-	01
(xi)	SA - 11	Protection of Children	-	-	01	L	-	-	01

(xii)	SA – 12	Road/Rail Travel Safety	-	-	-	-	01	L/P	01
(xiii)	SA – 13	Govts new Initiative	-	-	-	-	03	L	03
(xiv)	SA – 14	Counter Terrorism	-	-	-	-	02	L	02
Total			05	-	06	-	06	-	17

9. **Health and Hygiene (H).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	H - 1	Structure and functioning of the human body	01	L	-	-	-	-	01
(ii)	H - 2	Hygiene and Sanitation (Personal and Food Hygiene)	02	L	-	-	-	-	02
(iii)	H - 3	Physical and Mental Health	01	L	-	-	-	-	01
(iv)	H - 4	Infectious and Contagious Diseases and its prevention	-	-	02	L	-	-	02
(v)	H - 5	First Aid in common medical emergencies	-	-	03	L/D/P	-	-	03
(vi)	H - 6	Treatment and Care of Wounds	-	-	-	-	02	L/P	02
(vii)	H - 7	Introduction to Yoga and Exercises	-	-	-	-	02	L/D/P	02
Total			04	-	05	-	04	-	13

10. **Adventure Training (ADV).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	ADV - 1	Para Sailing	04	L/D/P	-	-	-	-	04
(ii)	ADV - 2	Slithering	-	-	02	L/D/P	-	-	02
(iii)	ADV - 3	Rock Climbing	-	-	05	L/D/P	-	-	05
(iv)	ADV - 4	Cycling/Trekking	-	-	-	-	04	L/P	04
Total			04	-	07	-	04	-	15

11. **Environment Awareness and Conservation (E).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	E - 1	Natural Resources Conservation and Management	01	L/Di	-	-	-	-	01
(ii)	E - 2	Water Conservation and Rain water harvesting	-	-	01	L/Di	-	-	01
(iii)	E - 3	Waste Management	-	-	-	-	01	L/Di	01
(v)	E - 4	Energy Conservation	-	-	-	-	01	LL/Di	01
Total			01	-	01	-	02	-	04

12. **Obstacle Training (OT).**

S No	Code	Subject	1 st Year	Type	2 nd Year	Type	3 rd Year	Type	Total Periods
(i)	OT - 1	Obstacle Course	02	L/D/P	02	L/D/P	02	L/D/P	06
Total			02	-	02	-	02	-	06
Grand Total			66	-	72	-	72	-	210

